

## Doctor Visit Worksheet

*Write down your loved one's answers to the questions. Use the answers to talk to a doctor about any concerns.*

This worksheet is provided by Caregiver TouchPoint Services and does not constitute medical advice.

**Doctor Name:**

**Date of Visit:**

*What is your main health concern right now?*

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*Do you have any new symptoms, such as pain?*

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*What changes have you noticed in your health since your last visit?*

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*If you currently take medication for pain or any other symptom, how is it working?*

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*Have you started any new medications? What are they? Do you have any side effects from the medicines you take?*

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*Have you seen other doctors before this visit? Have you had diagnostic tests or other treatments? Do you want to discuss those results?*

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Use this page to write down what your loved and the doctor discussed.

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*Tests ordered*

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*Test results*

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*Recommendations*

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*Medication instructions*

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*Dietary restrictions*

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*Next steps*

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*Other Notes*

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DOCTOR VISIT WORKSHEET

